

Horses Helping People

Develop Your Personal Horse Power

TEEN TEAM

Dates: **TEEN TEAM**

March: Sat 14, 21, 28

Time: 3— 5pm

Session 1: Problem solving styles.

Session 2: Communication & Team work

Session 3: Obstacles & Distractions

Cost: R 1125 per person

Contact:

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- ◆ **Unique experiential learning activity**
- ◆ **No horse experience required**
- ◆ **No riding**
- ◆ **Horses masterfully teach life lessons**
- ◆ **Real and lasting change**



Through the unique teaching of horses teens learn different ways of relating to others, their environment and one another. Activities with the horses increase awareness, integrity, respect and trust; bringing to realisation that through your presence you impact those around you.

Outcomes

- Identify and evaluate own unique problem solving styles
- Developing creative solutions.
- Increased non-verbal communication skills
- Increased accountability and responsibility for own actions.
- Increased awareness of own contribution to the outcomes of a team.

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